

# TREGLOS



HOTEL, RESTAURANT & SPA

Newsletter January 2012

## Staff News

★ Our Head Chef Paul Becker has retired after 36 years at Treglos. He is going to take things a little more easily for a while but is sure to be kept busy with his many hobbies and interests. We would like to thank Paul enormously for his loyalty, hard work and the many delicious meals he has produced over the 36 years he has been at Treglos and wish him a long and happy retirement.



★ Jonathan and Anna are expecting a baby in January.

★ Lenni and Kathryn have joined the team in Glo and will be looking forward to providing many pampering moments in 2012.

★ Sue joined us as Housekeeper in 2011.



## Other News

★ We were delighted to be awarded a silver award from Visit Britain for general high standards achieved within the hotel and a prestigious Breakfast Award for delicious breakfasts.

★ Our opening date for 2012 is March 1st.



## Fundraising

★ We continue to support the RNLI with coffee mornings during the season; these are always successful events for a very worthwhile charity. Sale of RNLI cards raised £240.00

★ Our open morning for Save the Children raised a record beating £981.80 in 2011.

★ Our Craft Fair raised £1000.00

If your visit coincides with any of these events please feel very welcome to join in.

★ Emma raised £820.00 by completing the Moon Walk Marathon in London.

2011 has been a slightly different season, sometimes very busy and sometimes quieter than we are used to. No-one of course is exempt from the recession but we are very lucky to have a loyal customer base to see us through these challenging times.

Changes this year include more flexibility in the restaurant for our guests during school holidays. We now have a menu to appeal to the younger generation and welcome children five years and above into the restaurant in the evenings.

The relaxation of the dress code in the summer to smart/casual has worked well and been particularly appreciated by guests who must wear a jacket and tie during their normal working week.

We are retaining the jacket or tie code outside school holidays and find this suits (!) the majority of our guests.

For 2012 we will have completely changed over to duvets but rest assured we can supply sheets and blankets if you prefer (please let us know when booking).

Jonathan is officially taking over as Operations Manager in 2012 and will continue to move Treglos forward at a respectful pace. The arrival of Jonathan and Anna's baby in January may see him looking more tired than usual but he should have recovered by March!

Wendy, Jane and Katrina continue to do a great job in reception and are looking forward to catching up with you all in 2012.

We were sad to say goodbye to Paul our Head Chef but think after 36 seasons he fully deserves a rest. We will of course ensure standards continue to be maintained at the high level set by Paul.

Very best wishes, Jim & Rose Barlow

# Glo Spa News...

We have enjoyed another successful year in the Spa and have been joined by two new therapists, Kathryn and Lenni.

We are currently revamping our brochure for 2012 and will be including some exciting new treatments.

One of the new treatments we are adding will be Made for Life Spiezia Pregnancy Pampering - this wonderfully nurturing massage is aimed at giving 'Mum-to-be' a very special experience relieving her of all her aches and pains and will calm and alleviate some minor complaints such as backache and insomnia using 100% organic oils which will also help to prevent stretch marks. This massage is for ladies in the 2nd & 3rd trimester of pregnancy.

We look forward to seeing you again this year. We would like to advise you that it is advisable to book your preferred treatment times in advance to avoid disappointment.

Emma,  
Glo Spa Manager



## Harlyn Surf School Never too old to learn!

Harlyn Surf School have got some great watersports on offer for 2012 ideally suited for those who missed out as youngsters.

They recommend their introduction to surfing sessions, kayaking and stand-up boarding.

For these activities you just need to be reasonably fit and ready to give it a go!

Three activities can be booked at the school for only £100 per person or two activities for £70 per person.

These activities can be booked in advance or when you arrive and see what the weather has in store !!



## Diary Dates

'Obby' Oss Festival Padstow:  
*1 May*

Daphne du Maurier Festival  
at Fowey: *Thur 10 - Sat 19 May*

Run to the Sun Festival  
Newquay: *Fri 1 - Mon 4 June*

Royal Cornwall Show:  
*Thur 7 - Sat 9 June*

Padstow Carnival:  
*Early August*

Relentless Boardmasters  
Newquay Surf, Skate &  
Music Festival:  
*Wed 8 - Sun 12 August*

Paranormal Ghost Walks at  
Bodmin Jail:  
*Monthly throughout 2012*

Newquay Fish Festival:  
*Fri 14 - Sun 16 September*

Visit our website [www.tregloshotel.com](http://www.tregloshotel.com) to book online

# Special Offers and Events at Treglos...



## 2012 Bridge Events

Our bridge breaks with Ralph and Lesley Smith continue to be popular and fun events at Treglos.

### Spring Bridge

*Thursday 8 March for 7 nights / £569 per person DBB*

### Autumn Bridge

*Sunday 4 November for 7 nights / £519 per person DBB*

## Early Spring Offer

Special rate Sun - Thurs inclusive  
1 March - 21 March £138 per room DBB  
(Single rate 50% of tariff) (Excluding Bridge Week)  
*Subject to availability*



## November Mid Week Offer

Special rate Sun - Thurs inclusive  
£138 per room DBB (Single rate 50% of tariff)  
*Subject to availability (Excluding Bridge Week)*

## Craft Fair Saturday 17th November

2012 will be our fourth annual pre Christmas craft Fair.

We have approximately 20 local stalls offering a perfect opportunity to find that special Christmas Gift.

This event raises approximately £1000 which is sent to the local Childrens' Hospice.

## 4 Nights for the Price of 3

22 March - 25 April low season  
(Excluding Easter 6-8 April)  
4 nights £618 per room DBB / £486 per room BB  
26 Apr - 23 May and 1 - 24 Oct mid season  
4 nights £708 per room DBB / £576 per room BB  
*(Single rate 50% of tariff)*

## Group Discounts

Why not come and stay with friends and family to celebrate a special occasion or just to have that long overdue reunion.

When booking five rooms or more we can offer an amazing discount of 20% off our standard tariff.  
*(Not available in conjunction with any other offer)*

## Fun Weekends in November (at a great price)

Enjoy a three night break from Fri to Sun in November and enjoy a night of musical entertainment on Saturday evening plus complimentary cocktails and an amuse bouche each evening

*Only £ 255 per person DBB*

*A perfect excuse to get together with friends before Christmas. (Excluding Bridge Week)*

Telephone 01841 520727 to book your break now

# Explore the Shore



We are again planning to link up with Dom at Explore the Shore in 2012 and during the season at selected dates Dom will come to the hotel in the early evening bringing resources such as driftwood, shells and sea glass to explain where they have come from, how things get washed up on the beach and how to make our beaches a better place.

Dom will also show our guests, using some of the nicer beachcombed items, how to make driftwood mirrors, shell jewellery, art and decorations.

Dom also take guests on the two hour rocky shore ramble which has proved extremely successful and popular in 2011.

## Merlin Review

2011 has seen continued growth at Merlin Golf Club both as a Club and on the Course. After a couple of years of consolidation and allowing the course to mature, this winter will see the upgrading of some of the teeing areas, pathways and signage.

A Wind Turbine is to be erected making us self sufficient for electricity in the clubhouse, apartments and on the course. This together with the increasing use of organic fertilizer and pesticides on the course sees Merlin dramatically reducing its carbon footprint and improving the environment for our local wildlife.

The most notable growth at Merlin this year as well as increased visitor numbers is the number of charitable organisations choosing Merlin to host their Charity Golf Days which have more than trebled this year.

Our Apartments have achieved Visit Britain Four Star Gold Award status and are proving popular with golfers and non-golfers alike.

2011 has seen continued success of Golfers across its sections once again:

The Junior Section reached the County George Bolitho Shield Finals for the second year in succession and finished a credible 4th in the County.



The Ladies section saw 18 year old Katie Rule become Merlin's first scratch golfer and the lowest handicap lady golfer in the county. She is now the holder of five course records across the county and for the second successive year finished runner-up in the ladies County Final at Mullion.

As you can imagine we are very proud of her.

We look forward to an exciting 2012 and hopefully welcoming you for a round or two at Merlin.

**Richard Burrough, Club Manager**