



TREGLOS

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Newsletter January 2010

New Arrivals

Congratulations to Taleitha our Deputy Housekeeper who had a beautiful little girl called Millie in March and we look forward to having Taleitha back with us in 2010.



Arrivals and Departures

We were pleased to welcome Wendy to our reception team and Jess to Glo, our treatment rooms. We are also sorry to say goodbye to Valt and Anna who are returning to live and work in Poland after 6 seasons at Treglos.



Hotel Award

After our inspection this year we were really pleased to receive a Silver Award from Quality in Tourism. This is awarded in recognition of high achievement within our four star category.



Fundraising

Our two coffee mornings for the RNLI and SAVE the CHILDREN went well raising £929 & £850 respectively.

Jane Davis in reception after exhaustive training raised £310 with a Race for Life for Cancer research and Sarah Barlow and three friends managed to raise £10,000 with a cross Channel relay swim for Precious Lives, an appeal for a planned hospice for children in St Austell. We also of course support many local fund raising events by offering Glo treatments and meals at the hotel.

Our first Christmas Craft Fair on the 21st Nov was a great success. Despite the weather, we managed to raise £750 which also was donated to the Precious Lives Appeal.

Welcome to our 2010 newsletter. We are very pleased to report that 2009 was a good year for Treglos and we remained busy throughout the season despite worries about the effect the recession might have. The north coast of Cornwall continues to be a popular destination and we are aware of how lucky we are to be sited in such a beautiful tranquil spot. The team at Treglos for this season has been one of our best ever and risen to the challenges with enthusiasm and pride. We have just two requests, the first being that should there be anything we can improve upon during your stay please let us know, and the second being don't forget to come and visit us in 2010!

Best wishes Jim & Rose

We were pleased to host the Bentley Owners Club annual meeting at the hotel on the 9th to 11th Oct. The cars looked wonderful in the car park with lots of passers by stopping to have a look and take photographs. The meeting went well and a good time was had by all.



Treglos House Party

A new event for our calendar!

This weekend to end the season will feature entertainment, dancing, competitions (including the Wally Golfing Trophy) and lots of fun. Don't forget to book early to guarantee your place.

*Thursday 25 November
for three nights /
£285 per person DBB*

Dining News...

During 2009, after guest consultation, we have introduced a slightly more relaxed dress code of jacket or tie in the restaurant and we have found this to have been generally well received with guests enjoying a more relaxed evening but still a smart and special occasion.

Guests have been asked to specify their preferred dining times and this has enabled us to provide a smoother service in the restaurant with less waiting times between courses. It also helps Chef to have a better idea of demand throughout service which results in higher quality cooked items.



Diary Dates

'Obby 'Oss Festival Padstow:
1st May

Daphne du Maurier Festival
at Fowey: *Thur 13 - Sat 22 May*

Run to the Sun Festival
Newquay: *Fri 28 - Mon 31 May*

Royal Cornwall Show:
Thur 10 - Sat 12 June

Padstow Carnival:
Early August

Relentless Boardmasters
Newquay Surf, Skate &
Music Festival:
Wed 4 - Sun 8 August

Paranormal Ghost Walks at
Bodmin Jail:
Monthly throughout 2010

Merlin News...

Following the arrival of Head Green Keeper Richard Garrard (Bear), Merlin has matured into a fine course.

Having hosted three consecutive County Summer Finals and the Cornwall Corporate Games, the course is now a match for the County's finest.

With our new patio overlooking the 18th green and a comfortable clubhouse serving fine ales and good food, a visit to Merlin is a must during your stay.



Bridge Events

Due to the popularity of our bridge week with Ralph and Lesley Smith in March we are pleased to announce there will be a second event in 2010 starting on Sunday 7 November.

Spring Bridge

Thursday 11 March for 7 nights / £535 per person DBB

Autumn Bridge

Thursday 7 November for 5 nights / £399 per person DBB



Gourmet Weekend

A real treat for food and wine lovers. DBB for 3 nights, and two evenings of complimentary wines served with dinner.

Fri 12 November for 3 nights / £285 per person

Fantastic Value Offer

18 March - 28 April low season

3 nights £250 / 4 nights £295 per person DBB

May and October mid season

3 nights £295 / 4 nights £345 per person DBB

Limited Availability Only

Early Spring Opening Treat

25 Feb-10 March £60 per person DBB

Nov Mid Week Offer

Special rate Sun - Thurs inclusive
£60 per person DBB

Subject to availability



Musical Weekend

The music and dancing weekend includes DBB for 3 nights and two evenings of musical entertainment.

*Thursday 18 November for 3 nights /
£285 per person*



Telephone 01841 520727 to book your break now

Glo Spa News...

As always, the team will be working hard throughout the winter to train in a new therapy for you to enjoy in the forthcoming season. This year we have chosen Lava Shells, the latest new and exciting therapy to sweep across the country and to which Lorraine Kelly from GMTV has given her seal of approval. We will use naturally self-warming Tiger Clam Shells to deliver a seamless massage treatment. Varying pressures, techniques and precision enables us to reach the deepest aches and pains, alleviating all stress and tension. We can also use the shells to perform a natural version of a colonic cleanse, which you will be glad to hear, only includes stimulating massage strokes of the abdomen area. The result is a reduction in bloating and a flatter tummy for days!

Full Body Massage £59 / Deep Tissue Back Massage £30 / Tummy Treatment £15.

We look forward to seeing you again this year. We would like to remind you that its advisable to book your preferred treatment times in advance to avoid disappointment.



All weather days out...

Blue Reef Aquarium - The Ultimate Undersea Safari

There's a world of underwater adventure just waiting to be discovered at the award winning Blue Reef Aquarium. Enjoy close encounters with graceful sharks and rays. Stroll among the colourful inhabitants of a coral reef in a spectacular underwater tunnel. With over 30 living displays, informative talks, feeding demonstrations and special events, the aquarium is a spectacular experience whatever the weather.

Hall for Cornwall

The largest theatre in Cornwall offering a mix of live theatre shows from musicals, children's shows, gigs, drama, plays and music shows. There is a restaurant and coffee shop and regular flea markets throughout the week and variety of shows all year round.

The National Maritime Museum Cornwall

Discover Cornwall's nautical and notorious past at The National Maritime Museum in Falmouth. There is something for everyone, including seafaring historians and enthusiasts, as well as families with children.

View a selection of exhibits covering subjects as diverse as explorer endurance and the Scott South Pole expedition and exhibits which focus on particularly marine artists such as 'Powder' Thurburn, there's plenty of fun and educational workshops for kids.

Lanhydrock

A magnificent late Victorian country house with extensive servants' quarters, gardens and wooded estate. Free entry for national trust members and with over 50 rooms open to the public, stunning gardens, woodland walks, Cornish refreshments and a gift shop this makes for perfect day out.

